

DanceAbility

Tuesdays

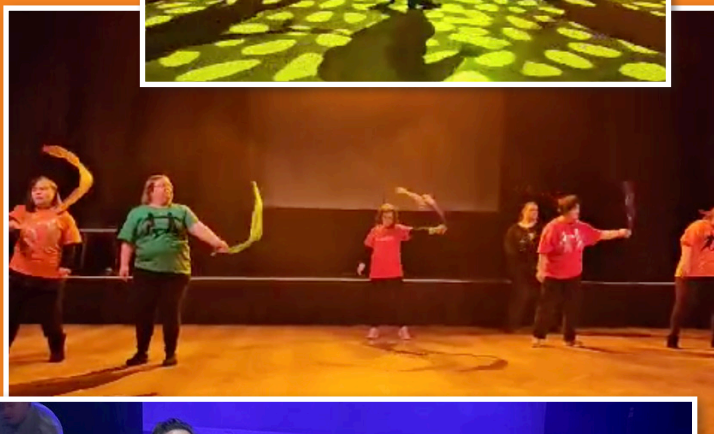
6.00p.m.–7.30p.m.

Trinity Church Hall, Harrow

**For 18+ adults
with learning
disabilities**

- **Learn simple dance routines**
- **Socialise and make friends.**
- **Enjoy a mix of music genres and dance styles.**
- **Fun way to exercise.**

**For more information email
danceabilityharrow@gmail.com**



Dance to your own Ability