James 3:1-12

Questions to Consider

1. Can you remember an occasion when something you said hurt someone else – you’d love to take it back, but sadly you can’t? What happened?
2. Can you remember some things that have been said to you which have shaped your life – either for the better or worse?
	1. Why do we tend to remember the negative comments more than the positive?
	2. How can we change this dynamic in our lives?
3. How does our words reveal our hearts?
4. Why do we find it so difficult to control our words?
5. Look at verses 9 & 10 – how do you feel about them?
6. What steps can we take to “control” our words so that verses 9 & 10 become less of a reality in our lives?

Action for this week: practise encouragement to people around you. Say something genuine and positive every day to as many people as possible and reflect upon the result in them and in yourself.